#### **Marlborough Parks & Recreation**

#### **2017 Winter Programs**

#### Registration is now open - online, in person, or via mail

#### www.marlboroughct.net

### **Youth Programs**

<u>Acrylic Painting on Canvas</u> - Grades 1 & 2, Wednesdays, 3:30-5pm, January 11<sup>th</sup> – February 1<sup>st</sup> at Elmer Thienes - Mary Hall Elementary School Art Room. Cost is \$78 for residents/\$88 for non-residents.

<u>Acrylic Painting on Canvas</u> - Grades 3-6, Wednesdays, 3:30-5pm, February 8<sup>th</sup> – March 1<sup>st</sup> at Elmer Thienes – Mary Hall Elementary School Art Room. Cost is \$78 for residents/\$88 for non-residents.

<u>December Vacation Camp</u> – Grades K – 6, December 28th – December 30th, 8:00am – 3:00pm, at the Elmer Thienes – Mary Hall Elementary School. Children will enjoy 3 days of activities, games, sports, arts, crafts and movie time. Children will be broken up into groups determined by their grade. Vacation camp will be overseen by the Parks and Recreation Director and recreation day camp staff. This program will be held in the community room and cafeteria. Participants can sign up for one or multiple days at the camp. Fee is \$45.00 per day resident/\$50.00 non-resident.

<u>Junior Basics Martial Arts Training</u> - This is a 6 week program for any age group. 2 nights a week, you pick the nights. Classes are held at Frank Corbo's Martial Arts. Registration fee for this program is \$115.00 resident/\$120.00 non-resident.

<u>Legos – STEM challenge using Lego</u> – Grades 2 – 5, Thursdays, 3:15pm – 4:45pm, February 2nd – March 6th at the Elmer Thienes – Mary Hall Elementary School Cafeteria. Cost is \$183.00 for residents and \$188.00 for non-residents.

<u>Mad Science Crazy Chemworks</u> – Grades K-6, Thursdays 3:15 – 4:15, February 16<sup>th</sup> – April 6<sup>th</sup> at Elmer Thienes – Mary Hall Elementary School Room 327. Cost is \$138 for residents and \$143 for non-residents. This is an 8 week class.

<u>Music Lessons</u> – Grades 4 – 8, at the Elmer Thienes – Mary Hall Elementary School Media Room. Private lesson instruction on band instruments will be provided by Bruce Foote. This is a six week session beginning on January 5<sup>th</sup> and 6<sup>th</sup>. The lessons are a half hour in length and will occur on the same day and time signed up for. The fee includes lesson materials and one make-up lesson is guaranteed during the six week series. Time slots will run for a half hour from 3:10 to 5:10 on Thursdays and 3:10 to 6:10 on Fridays. Fee is \$103.00 for residents/\$108.00 for non-residents.

<u>Music Together Free Demo Class</u> – Ages birth to 5, Thursday, January 5th, 9:30am – 10:15am. Each child participates at his or her own developmental level in singing, moving, chanting, listening, observing, or exploring musical instruments. Each child must be accompanied by a family member or caregiver. Class is held at the Elmer Thienes – Mary Hall Elementary School Cafeteria. Registration fee is \$190.00 per child/\$110.00 sibling/children under 8 months are free.

<u>Music Together</u> – Ages birth to 5, Thursdays, January 12th – March 16th, 9:30am – 10:15am. Each child participates at his or her own developmental level in singing, moving, chanting, listening, observing, or exploring musical instruments. Each child must be accompanied by a family member or caregiver. Class is held at the Elmer Thienes – Mary Hall Elementary School Cafeteria. Registration fee is \$190.00 per child/\$110.00 sibling/children under 8 months are free.

<u>Netto Indoor Soccer</u> – Indoor soccer for 5th and 6th graders. Games will begin on Wednesday, January 4th. Games will be played on Monday and Wednesdays in the Elmer Thienes – Mary Hall Elementary School Gym. Fee for this program is \$60.00 and participants will receive a t-shirt.

<u>Parents Night Out</u> – Grades K – 8, Saturday, February 11th, 6:00pm – 9:00pm at the Elmer Thienes – Mary Hall Elementary School Community Room. Drop off the kids and enjoy an evening out at a movie, dinner or shopping for a few hours. Kids will have the option of participating in arts and crafts activities, games, sports or watching a movie. Pizza and beverages will be provided. Cost for this program is \$15.00 per child resident/\$18.00 per child non-resident.

<u>Performing Arts Class</u> – 2 separate age sessions Grades K-2, Thursdays 4:30-5:15pm, Grades 3-6, Thursdays 5:20-6:15pm. Both sessions start February 9th – March 30th at Elmer Thienes – Mary Hall Elementary School Cafeteria. Cost is \$123.00 for residents and \$128.00 for non-residents.

Safe Home Alone Readiness Program - Ages 10 and up — Mondays, March 6<sup>th</sup> — March 20<sup>th</sup> at the Elmer Thienes - Mary Hall School Media Center. Through role-playing and hands-on activities, children will learn basic safety information vital to being home alone. The first two classes will be held from 5pm to 6:30pm and the graduation ceremony on the last day will be held from 5pm to 6:30pm. At least one parent/guardian is required to attend the graduation. Fee for this program is \$43.00 residents/\$48.00 non-resident.

## **Adult Programs**

<u>Adult Volleyball</u> – Thursday nights at the Elmer Thienes – Mary Hall Elementary School Gym – 8:00-10:00pm - \$5 per week – Drop-In. Session runs until June 15th.

<u>Adult Pick-up Basketball</u> – ages 18 and over, Sundays, 8:00am – 10:00am at the Elmer Thienes – Mary Hall Elementary School Community Room. Cost is \$3 for residents and \$5 for non-residents. Season passes \$30.00 resident/\$35.00 non-resident. Session runs until May 21st.

<u>Adult Women's Pick-up Basketball</u> – ages 16 and over, Sundays, 8:00am – 10:00am at the Elmer Thienes – Mary Hall Elementary School Gym. Cost is \$3 for residents and \$5 for non-residents. Season passes \$30.00 resident/\$35.00 non-resident. Session runs until May 21st.

**Express Cardio Kick Boxing** – This is a 12 week program for ages 18 and up, 2 nights a week, you pick the nights. 5 amazing benefits from express cardio kickboxing. Melt fat fast, tone your entire body, learn valuable self-defense moves, take out stress and aggression, look great and feel confident. Please wear comfortable clothing, bag gloves, clean fitness footwear and bring water. Class will take place at Frank Corbo's martial arts studio. Registration fee is \$200.00 resident/\$205.00 non-resident.

<u>Power Yoga</u> – 6 week class beginning on Monday, January 23rd – February 27th from 7:30 – 8:30pm. For yoga students who have a basic knowledge of yoga postures. You can expect to increase your

physical strength and endurance by holding poses longer and deepening your awareness of breath. Great for active people who want to enhance their lifestyle with the benefits of strength, flexibility and reduced injuries. Different pose options will be offered so multiple levels can participate. Please bring a mat and water bottle. Class will be held at the Elmer Thienes – Mary Hall Elementary School cafeteria. Registration fee is \$45.00 resident/\$50.00 non-resident/\$10.00 drop in.

<u>Paint Night with Cherie Kelley</u> - Join us for 3 nights of painting fun with Cherie Kelley! Paint nights will be held on Fridays, January 13th, February 3rd and March 10th from 6:30pm – 8:45pm at the Marlborough Senior Center. Registration for each night is \$38.00 resident/\$43.00 non-resident.

<u>Teens and Adults Martial Arts Training</u> – This is a 6 week program for ages 13 and up, 2 nights a week, you pick the nights. Classes will take place at Frank Corbo's martial arts studio. Registration fee is \$115.00 resident/\$120.00 non-resident.

**ZUMBA - FREE Class** - ZUMBA Taught by instructor Brian Laroe, Tuesday, January 3rd at 7-8:00pm in the Elmer Thienes – Mary Hall Elementary School Cafeteria. Come see if this program is for you during this free class. No registration required.

**ZUMBA Class Winter Session**- Taught by instructor Brian Laroe. The 8 week class will begin Tuesdays, January 10th - March 7th, 7-8:00pm in the Elmer Thienes – Mary Hall Elementary School Cafeteria. Cost for the program is \$40 for residents and \$45 for non-residents, \$7 drop-in fee. Register on the Park & Rec website.

# **Trips/Special Events**

Radio City Christmas Spectacular & New York City on your own — Friday, December 16<sup>th</sup> at 2:00pm

You don't want to miss one of the greatest Christmas traditions of all time. This show will put you in the Holiday spirit like no other....you also will have free time in the city before or after the show.

Cost: \$150.00 pp

Disney on Ice at the XL Center – Saturday, January 14<sup>th</sup> at 7:00pm

You won't want to miss this opportunity to see all of your favorite Disney characters live at the XL Center. Rapunzel, Cinderella, Snow White, Belle, Anna, Elsa and Olaf will all be making appearances. Tickets to the show are \$28.50. Deadline to purchase tickets is January, 3<sup>rd</sup>.

Monster Jam at the XL Center – Saturday, February 11<sup>th</sup> at 7:00pm

Monster Jam will be bringing high octane entertainment to the XL Center this February. Grave Digger, Max Dtm and many others will be performing jaw dropping displays of gravity defying feats. Tickets for the show are \$28.50. Deadline for tickets is January 31<sup>st</sup>.

Register Early

Do not wait until the last minute to register! Please keep in mind that most classes require a minimum registration and if that requirement is not fulfilled by a certain date, the program may be canceled.